

Patient/Family Education Arteriogram / Angioplasty

This information is provided for your information and is to be read by you and your family at your convenience prior to coming to the hospital for your procedure.

<p>Information</p>	<p>The following information is to instruct you on what to expect before, during and following your procedure as well as what to expect when you return home. The information will include equipment used to take care of you, services Mercy Medical Center offers, Psycho Social needs such as your patient rights, positioning during and after the procedure, estimated length of stay and any needs your family may have during your hospital experience.</p>
<p>Pre-admission Preparation</p>	<ol style="list-style-type: none"> 1. Pre-register at Day Surgery (back entrance of the hospital) at least a day before your procedure is to be done. 2. Stop Coumadin 72 hours before exam/ advise physician 3. Shower: This is an important factor in reducing the risk for infection and we are asking you to begin this cleansing process by taking a bath or shower, either the evening before your procedure or the morning of your procedure before you come to the hospital. After your shower please do not use any oils, lotions, perfumes or powders and remove all fingernail polish. 4. Allergies: Bring a list of all your allergies to food and medications and the type of reaction you have. 5. Medications: Do not take your medications the morning of your procedure but bring them with you to the hospital. If you are taking any type of blood thinning medications or aspirin products call your doctor or the Radiology Department (463-5431). 6. Nutrition: You are asked to not eat or drink anything after midnight the night before your procedure. We call this being NPO. 7. Your Procedure: Your recovery and your physician will determine the length of your stay at the hospital. 8. Valuables: For security reasons it is important that you not bring anything of value with you the day of your procedure. This includes: purse/wallet, watches, rings or jewelry of any kind. The hospital will not be responsible for any lost articles. 9. Overnight Bag: Pack a small bag containing your personal care items such as a toothbrush, comb, etc., in case your

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	<p>doctor decides to keep you overnight in the hospital.</p> <p>10. Arrive: In Day Surgery on the day of your exam at least 1 _ hours prior to your exam time. If you have been on Coumadin within the last week arrive 2 hours prior to allow time for lab work to be done.</p> <p>Make arrangements with family or friends to bring you to the hospital and to drive you home following your procedure. Someone should be prepared to stay with you for 24 hours.</p>
<p>Family Awareness</p>	<p>We at Mercy Medical Center are here to assist you with your entire hospital experience from registration until discharge. The information packet you have been given contains information for your education regarding your rights and your responsibilities as a patient or family member. It contains a copy of the Mission and Philosophy of Mercy Medical Center, a guide regarding your insurance, and the instructions to guide you through the admission process. All this information is provided in both English and Spanish.</p> <ol style="list-style-type: none"> 1. Rights and Responsibilities: We encourage you and your family to review these. You and your family have the right to all information regarding your care and your diagnosis. You have the right to ask questions, receive answers and make or participate in planning your care. 2. Responsibilities include following the doctor's instructions, giving correct information and participating in planning your care. <p>We invite you to park on the East Side of the hospital in the parking lot provided for patients. Come through the automatic doors to the registration desk. The secretary will assist you at that time by placing an identification band on your arm and assisting you to the patient care area for preparation. Two family members may accompany you. A nurse will talk with you, have you change into a gown and take your vital signs. When you go for your procedure your family will be invited to wait in the Day Surgery waiting room until you return to your room from Radiology.</p>
<p>Admission Preparation</p>	<ol style="list-style-type: none"> 1. Routine testing: Often there are tests that need to be done prior to your procedure to give your doctor additional information about your health. These tests include but are not limited to blood tests, x-rays and an EKG. These may be done at the time of your admission. 2. IV: The nurse will insert a small plastic tube into a vein in one of your arms or hands. She will use a numbing local

	<p>anesthetic at the spot where the needle will enter the skin. Now that the fluids can be given into you vein, medication can be given the same way. You may be given medications to relax you during your procedure.</p> <p>3. Consent: A Radiologist will see you prior to your procedure and explain the procedure and risks to you and your family. You will then be asked to sign consent giving the doctor permission to do your procedure.</p>
<p>Procedure</p>	<ol style="list-style-type: none"> 1. Room/Equipment: You will be escorted to the Radiology Department in either a wheelchair or a bed. You will be asked to move to a hard narrow table. You will be asked to lie very still during the procedure. 2. Monitors: Several staff members will be working to assist you to the proper position and to attach the special monitors to observe your blood pressure, heart rate, rhythm and your breathing. 3. Preparation: It may be necessary to shave a small area of skin at the insertion site and cleanse that area with betadine, which is an antiseptic solution. 4. Sterile Drapes: You will then be draped with sterile drapes so that only a small amount of your skin will be showing. 5. Staff Preparation: Some of the staff and the Radiologist will be wearing sterile gowns, gloves and masks. 6. Medications: You may receive medications to help you rest and to keep you comfortable during the procedure. This is called conscious sedation. A RN will be talking to you and assessing your vital signs and your needs during the entire procedure. 7. Skin numbing: The Radiologist will numb your skin with a local anesthetic to decrease any pain with the procedure.
<p>Post Procedure</p>	<p>After your x-ray procedures you will be assisted from the x-ray table to a cart and accompanied back to the Day Surgery Department for observation. The length of time you will be observed will depend on the procedure you had, the Radiologist's orders and your progress as a patient.</p> <ol style="list-style-type: none"> 1. Arteriogram/Angioplasty: The Radiologist will remove the catheter or "Sheath" and apply pressure to the insertion site for 15 to 20 minutes. This is to prevent bleeding from the artery. You will then be taken back to the Day Surgery Department where you will be observed for 4 to 6 hours or admitted to a room in the hospital for observation overnight.

	<p>2. Healing Time: During your observation time you will be asked to remain lying flat to allow your insertion site to heal and to prevent bleeding. You will be monitored closely during this time. You should lie quietly and not attempt to sit up or move. If you experience any pain, numbness, swelling or warm wet feeling at the insertion site you should notify your nurse immediately. If you experience any other pain, please notify the nurse immediately.</p> <p>Nutrition: You will be able to eat shortly after you return to your room. This will consist of “finger foods.” You will also be asked to drink plenty of fluids to flush the x-ray contrast or “dye” out of your body.</p>
Discharge	<ol style="list-style-type: none">1. Prior to discharge home you will walk with assistance, urinate without difficulty, drink lots of fluids and not have any bleeding from the procedure site.2. You will need a family member or friend here to drive you home from the hospital. You are to limit your activities for the next 24 to 48 hours. This means you are not to do vigorous exercise, bend, squat or lift heavy objects. This is to allow time for your wound to heal and prevent bleeding or infections

If you have any questions regarding registration please call 463-5025.

If you have any nursing related questions please call us at 463-5024 or 463-5031.